Cooperative Extension of Allegany County is applying for SNAP Education programming regional grant.

Food insecurity is an indicator for poor nutrition and poor health. Research indicates that food insecure populations are less likely to eat a healthy diet composed of vegetables and fruit and more likely to choose unhealthy foods and beverages compared to food secure populations. The SNAP-Ed program is designed to assist and encourage the SNAP recipients and persons eligible for SNAP to choose healthy diets and active lifestyles through the provision of behaviorally-focused nutrition education and obesity prevention activities. The program has four primary nutrition-related objectives designed to improve health among the SNAP population:

- Increase the consumption of nutrient dense fruits and vegetables, whole grains, lean meats & low-fat dairy products
- Decrease the consumption of sugar-sweetened beverages
- Reduce the consumption of low-nutrient, high-energy dense foods containing large amounts of added sugars, salt and saturated fat
- Increase physical activity and reduce sedentary behaviors

We should know by mid-July if the program will be funded.

Sincerely,

Laura K. Hunsberger
Executive Director
CCE-ALLEGANY

STAFF & PERSONNEL

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CCE IS AN EMPLOYER AND EDUCATOR RECOGNIZED FOR VALUING AA/EEO, PROVIDING EQUAL PROGRAM AND EMPLOYMENT OPPORTUNITIES.
PROJECT SPOTLIGHT

PROJECT CLOVER AID

In April a small group of Allegany County 4-H kids were discussing the impact of the extremely harsh winter that many mid-western states experienced and the devastating flooding that followed. The flooding alone left over a million head of cattle and over 1,000 horses dead, over a million acres of crop ground and over 800,000 acres of pasture land under water. The kids knew they needed to do something more than just talk about how tragic this was so, they decided they would make and send cards to fellow 4-H’ers and their families.

Well, fast forward a few weeks and they formed the group known as Project Clover Aid and they have been very busy conducting fundraisers to earn money to buy materials needed to help a 4-H family in Nebraska. At this time the group has sent over 60 cards and raised about $4,000.00! This money will be used to purchase items such as fencing supplies, concrete, gravel, lumber, etc. to help the family begin to rebuild.

In addition to raising money the group will be traveling to Iowa in June to meet up with other 4-H clubs and together, they will be going to Nebraska to help build fence, repair buildings and assist with clean up. A huge thank you goes out to R.G. Mason Auctions (Richard and Darlene Mason), JRM Equipment (James and Crystal Mason), M.R. Jeffers Livestock (Margaret Jeffords and Teddy Adams) and Dan Laird (Owner of D&A Performance Horses) for their individual donations and for allowing the kids to set up booths and conduct fundraisers at their various events. Without these opportunities and the support of each and every person that has donated to Project Clover Aid, none of this would be possible. Together as individuals and together as communities the kids are able to make a big impact for a fellow 4-H family in such a time of need.

Individual donations can be made directly at the Allegany County 4-H Office or checks payable to Project Clover Aid can be mailed to Allegany County Cooperative Extension, Attn: Project Clover Aid, 5435A County Road 48, Belmont, NY 14813. Please contact Lisa Reynolds at (585) 268-7644 Ext. 22 with any questions regarding Project Clover Aid (all travel expenses are being paid by the individuals, not from any of the donations). After the group returns from Nebraska, Project Clover Aid will continue indefinitely so that supplies, money and support available for the Allegany County 4-H kids to help other 4-H’ers and farmers in times of need from fires, natural disasters, etc.

CAPTION: Darlene Mason, owner of R.G. Mason and project clover aid kids at Masons spring extravaganza auction in Angelica. Almost $3,000 was earned on this day!
LIVESTOCK UPDATES

SCALES FOR USE

A set of small scales is available at the extension office that 4-H members are welcome to borrow. These scales are appropriately sized for goats, sheep, swine and lambs. If you would like to use them please contact the office to arrange for pick-up. They will be housed in a different place than the extension garage.

HORSE CLINIC

A Horse Clinic will be held at Joe Decker's arena in Belmont on Saturday June 15th starting at 10 am. Lunch will be provided for kids and parents. The focus will be on western and fun games. Rider evaluations will also be completed that day. This is also a great way to get your education credits!

HORSE JUMPING CLINIC

There will be a Horse Jumping Clinic at the Angelica Fair grounds on the evening of June 28th from 6 to 8 pm. Anyone who plans on jumping at fair for English Horse should attend. We will be doing English evaluations that evening and working on jumping skills for anyone entered in English Classes.

OPEN ARENA NIGHT

Open Arena night will be held July 6th from 10am to noon. Anyone is welcome to come over and ride. If you plan on attending or if there is something you would like help with please contact Tricia at the office.

RE-ENROLL FOR 4H DURING FAIR

New this year our 4-H members and volunteers will be able to re-enroll for the 2019-2020 4-H year. All completed early bird re-enrollments will receive a gift!

Please be sure to sign up this summer in the Allegany County Fair Main Office (re-enrollment times will be posted in the Youth Building).

Please contact Tricia to RSVP for any of these events/clinics. She can be reached at:

585-268-7644 extension 16 or at PJH34@cornell.edu
MARKET POULTRY SHOW

This year there will be a special date for showing market birds. The show will be at 6 pm on Wednesday, July 10th at the Angelica Fair Grounds.

Additionally, due to a nationwide shortage of pullorum antigen, the New York State Department of Ag and Markets is waiving the pullorum test requirement for poultry of New York State origin to attend New York fairs and shows.

This means that no in-state birds will be required to have the test. This waiver does not apply to poultry from out-of-state. Out-of-state poultry must be from a flock that participates in NPIP or must be tested for pullorum-typhoid in order to attend New York fairs and shows.

EGG HATCHING

The 4-H office has 2 incubators available for those interested in embryonic development. A table top version has also been added to our collection. We ask that if you borrow the incubators, please clean it thoroughly after you are done. If anyone is interested please contact Tricia at the office.

THE SARAH BEILER MEMORIAL QUILT

We will be remembering our ray of sunshine, Sarah Beiler through our quilt raffle this year. Sarah was a 4-H who passed away last year just before fair. She loved to work on our quilt and would spend extra time to put it together on her own. Sarah was always smiling and happy to help out in any way she could.

We do have tickets available for the quilt and if you are interested in purchasing any please contact Tricia or Krista at the office.
ENTRY DUE DATES
Please remember that Allegany County Fair entries are due to the 4-H office by June 1st. Additionally, completed fundraisers are also due by June 1st. If you still have not completed 2 fundraisers, please contact the 4-H office today. We would like as many members as possible eligible to participate in fair activities this year!

2) **Tuesday, July 2nd at 5:30 pm** we are asking older kids and parents to help paint and clean up the fairgrounds. Please bring containers to hold paint and a paintbrush.

*If you plan on attending the June 28th clean up please contact Tricia at the office.

ALLEGANY COUNTY FAIR SCHEDULE 2019
JULY 15-20
- 6/15 – Horse Clinic at Joe Decker’s @10 am
- 6/28 - Horse Clinic for English for Horse
- 6/28 - Fair Cleanup for Livestock at 5:30 pm
- 7/2 - Paint day at the Fair grounds for Livestock 5:30 pm
- 7/10 - Market Poultry Show at 6 pm, weigh-in 5:30 pm
- 7/10 - Horse Clean-up at 5:30 pm
- 7/13 - Youth Building Judging Day
- 7/13 - Dog Show at 11 am (dairy arena)
- 7/14 - Weigh-in Day for Market Animals

FAIR CLEANUP DAYS
There are two separate fair clean-up dates this year:
1) **Friday, June 28th starting at 5:30 pm** at the fairgrounds in Angelica. Please bring brooms, pliers to remove staples and wheel barrows to remove debris. Pizza will be provided for our helpers!

2) **Tuesday, July 2nd at 5:30 pm** we are asking older kids and parents to help paint and clean up the fairgrounds. Please bring containers to hold paint and a paintbrush.

*If you plan on attending the June 28th clean up please contact Tricia at the office.

FAIR PARKING
On the Saturday and Sunday before fair and on the day of animal check-in, please deliver your animals to the appropriate barn as quickly as possible. Vehicles must be removed from the barn area as soon as possible to allow for others to drop off their livestock.

Exhibition parking and all livestock, cattle and horse trucks and trailers are to park in the exhibitors parking area provided at the lower end of the 4-H horse arena. **There will be no parking of any vehicles around the barns.** All vehicles must be parked in the infield or other designated exhibitor parking.

RIDE COMPANY FOR FAIR
The same ride company that provided rides in 2018 will be at the Fair this year. There will be no preview of rides this year. Any questions on the rides please contact the Fair office at 585-466-7670 after July 1st. Additional Fair information can be found at: www.alleganycountyfair.org
ANNUAL CLOTHING REVUE UPDATES

On Friday May 17 we held our annual Clothing Revue. We had over 30 youth participate in the event. Our theme for this year’s fair is Super Heroes. The youth had a great time showcasing their sewing talents at this event.

There were many brand new, happy faces! The Allegany County 4-H Program welcomes our newest batch of Cloverbuds! Welcome to our family Ryllyn, Avery, Eva, Clayton and Marcus.

Congratulations Alyssandra Robbins (seen right), of the Mighty Makers 4-H Club on receiving the ‘Best in Show’ award at the 4-H Clothing Revue. The event was held at the lovely Angelica Grange.

Congratulations Jackson Stout, Rachel Marsh, Will Lawrence and Brianna Morton for being selected to advance, with their projects to the State competition in August. We are very proud that they will be representing Allegany County at the New York State Fair!
WORKSHOP SERIES

The EFNEP program provides nutrition education to low income families and children in counties throughout New York State.

A series of 8 classes is offered to adults in a variety of settings. Workshop series include:

- Eating Smart, Being Active
- Finding A Balance
- Diabetes
- Healthy Children, Healthy Families
- Healthy Cents
- Breastfeeding

If you or your organization are interested in scheduling classes, please call your local nutrition educator.

KIDS KORNER

In honor of National Dairy Month, read “The Milk Makers” by Gail Gibbons with your children. It is a wonderful book about dairy cows and dairy farms. When you’ve finished reading, have your kids help make yogurt popsicles.
FARMERS MARKETS OPEN THIS MONTH

June is the traditional start time for local farmers’ markets. Shopping at farmers’ markets has lots of benefits including fresh picked, local produce; farmers who can answer your questions about produce they grow and sell; and it’s a great way to ‘go green’ because less fuel is used to transport the food from local farms to the farmers’ market. You can make your trip more ‘green by bringing re-usable shopping bags for your purchases. Never tasted a fruit or vegetable a farmer is selling? Ask for a taste.

Many farmers participate in both the Farmers’ Market Nutrition Program (FMNP) and WIC. FMNP is for WIC families and seniors. Coupons are provided by WIC and Office for the Aging to eligible adults. These coupons can be used to buy any fresh fruits and vegetables sold at the farmers’ market. About $20 in coupons are provided and can be used any time until the market closes for the season. The WIC monthly fruit and vegetable checks can be used at many farmers’ markets as well. These are the checks that come with your monthly WIC package.

To find farmers’ markets near you that participate in SNAP (EBT cards), WIC and the FMNP, visit: https://www.agriculture.ny.gov/AP/agservices/fmnp/fmnp-authorized-markets.html

IN SEASON THIS MONTH:

STRAWBERRIES

Fresh, local strawberries are ready to eat in June. You can buy them at road side stands, farmers’ markets, farm stands and some local supermarkets. Looking for a fun family activity? Try picking strawberries at a U-Pick farm. Many locations are family friendly. One cup of strawberries has only 50 calories, more than 100% of your daily need for vitamin C and 3 grams of fiber. Strawberries make a great snack, addition to a brown bag lunch or sliced and added to a green salad. Store unwashed strawberries in your refrigerator and wash them right before eating.

VISIT OUR WEBSITE: HTTP://ALLEGANY.CCE.CORNELL.EDU
INGREDIENTS
- 1 ½ cups fresh strawberries, chopped small
- 1/2 jalapeno pepper, minced
- 1/4 cup onion, minced
- 2 Tablespoons fresh cilantro, finely chopped
- 1 1/2 teaspoons lime juice
- (baked tortilla chips for dipping, optional)

DIRECTIONS
1) Mix together strawberries, jalapeno pepper, onion, cilantro, and lime juice. Flavors will blend if refrigerated for 30 minutes or more before serving. Serve with tortilla chips if desired.
2) Refrigerate leftovers within 2 hours.

NUTRITION FACTS
*Nutrition Facts (salsa only): Serving Size – 2 Tablespoons, 5 Calories, 0 Calories from Fat, 0g Total Fat, 0% Calories from Fat, 0g Saturated Fat, 0g Trans Fat, 0mg Cholesterol, 0mg Sodium, 2g Total Carbohydrate, 0g Dietary Fiber, 1g Sugars, 0g Protein, 0% Vitamin A, 0% Calcium, 15% Vitamin C, 0% Iron
OUR PROGRAMS HELP FARMERS GET EXPERT ASSISTANCE TO FACILITATE ALL PHASES OF SMALL FARM BUSINESS DEVELOPMENT.

THE HORTICULTURE DEPARTMENT & MASTER GARDENER VOLUNTEERS

CORNELL COOPERATIVE EXTENSION ALLEGANY’s DIAGNOSTIC SERVICES

In order to safely and effectively control insect pests or plant diseases you first need to be able to accurately identify what you have. While many broad spectrum herbicides or pesticides may be labeled for a long list of plant issues, if not applied at the correct stage or in the correct amount you will be throwing money away and creating a negative impact on the environment. Integrated Pest Management (IPM) is the best approach to balancing protection of your plants in an environmentally friendly way. Many of your questions can be answered at our local Cooperative Extension office in Belmont. If you are unsure what insect or plant you have, we can assist with Insect/Plant Identification; fee is $10.00 per sample.

We also provide soil pH test for lawns, gardens, pastures or crop fields; fee is $3.00 per sample. If you are looking for a more detailed soil analysis, we will assist you in completing and submitting samples to Agro-One for $20.00 per sample. If you are unsure how to collect a soil sample please contact our office. Samples that are not properly collected or handled will impact the accuracy of the test. Once you receive your test results from Agro-One, we can assist you in interpretation and application needs for soil amendments.

During the growing season, we can also assist producers with any hay, grain, or forage testing needs. We can conduct forage or grain moisture testing that is needed during the growing season, especially during corn silage harvest in the fall. Nutrient analysis of hay, forage, and grains can also be submitted to Dairy One through our office. Be sure to contact the office before bringing a forage sample, so that the appropriate staff person can be available to test or submit your samples.

If we are unable to address pest and disease questions locally, samples can be submitted to the Cornell University Lab. Diagnostic fees range from $40-$80 and include shipping cost. Services are available for vegetables, trees, annual and perennial plants, mushrooms, and turf.

We can also assist with water testing. For more complete details please contact Lynn Bliven at 585-268-7644 ext. 18 or email lao3@cornell.edu.

HAVE QUESTIONS ABOUT YOUR HOME LAWN OR GARDENS?

Call our Master Gardener Helplines for answers! Leave a detailed message at 585-268-7644 Ext. 23. If a Master Gardener is unavailable, they will get back to you as soon as possible or send an email to: alleganymg@cornell.edu. If you prefer you can stop in the first Wednesday of the month from 11am – 1 pm and meet one-on-one with a Master Gardener about your question.
SLOW MOVING VEHICLE SAFETY A PRIORITY THIS SPRING: FARM EQUIPMENT SPRINGING UP ON LOCAL ROADWAYS

As Allegany County welcomes spring, farmers are in high gear preparing for spring planting. Farm equipment is taking to the roadways to get farm land ready and when slow moving vehicles share the road with motorists, the Allegany County Slow Moving Vehicle Safety Committee reminds farmers and motorists to remember the rules of the road to stay safe this season.

“The National Safety Council data show that an accident involving a farm vehicle is about five times more likely to produce a fatality than other types of motor vehicle accidents,” explains Gwen Cooper, Ardent Solutions Mobility Safety Education Specialist. “Therefore, we urge both farm equipment operators and motorists to take a moment to consider safety before you head out on the road.”

The most frequent single-vehicle collisions involving farm machinery are roll overs – usually occurring when equipment travels too far onto soft shoulders. Although it may slow traffic, farmers should drive equipment on the main part of the road, and be sure to share half the road with traffic that is oncoming or following. Motorists are encouraged to have patience and only pass farm equipment when legally allowed.

When it comes to multi-vehicle collisions, motorists often collide with farm machinery that’s turning from a farm road on to a public roadway. Farmers should use lights, taillights and signals to make equipment as visible as possible to other motorists. Additionally, farmers should always display a slow moving vehicle sign prominently on the back of any equipment. Farmers are also asked to take the extra time to wait for an opening onto a main roadway that will give ample time to get on the road and be visible.

Rear-end collisions also make the list of common collisions between farm equipment and motorists. When one considers that a slow moving vehicle sign must be used on equipment travelling less than 35 miles/hour, it’s not really surprising that motorists often underestimate the size and speed of farm equipment they are following. And that can turn into a rear-end collision.

“We can’t anticipate what other motorists will do, or how they’ll react to sharing the road this spring with farm equipment. So always start with safety,” continued Cooper. “Farmers are encouraged to be alert for drivers anxious to pass you at unexpected times. Use your lights. Share the road. And watch carefully as you turn onto public roadways and make left hand turns across traffic.”

Spring represents the start of a fresh new year on the farm. Allegany County drivers must take the time to put safety first on the roadways, at local farm, and for our families. For further information on Slow Moving Vehicle Safety, please contact Ardent Solutions, Inc., at 585-593-5223; Cornell University Cooperative Extension at 585-268-7644; or visit the Allegany County Sheriff’s Department.
HOW TO ESTABLISH CROP PRODUCTION HISTORY FOR CROP INSURANCE

BY FAY BENSON
CORNELL SOUTH CENTRAL NEW YORK DAIRY & FIELD CROP TEAM

With information from Acceptable Records of Production

As the government moves away from disaster payments and programs, New York farmers are increasing their reliance on crop insurance to take some of the risk out of their cropping enterprises. During the period between 2007 and 2017, liabilities covered by New York farmers increased by 46% according to RMA’s Summary of Business records. In order for farmers to take advantage of crop insurance, certain records are necessary. To determine insurance coverage, all insurance policies have three main components:

1. Number of units protected: Acres, Bushels, Tons, etc.
2. Guaranteed price per unit
3. Actual Production History (APH) for the crop on your farm

Once these are established a “guaranteed” amount of coverage is determined. The most time consuming record required is the APH, because in order to determine the APH database, a farm needs four years of yield records for that crop on their farm. Without the four years of acceptable records farmers can still participate with crop insurance, but they will have to use their county’s average yields for their production history. County average yields are almost always lower than a farmer’s actual production. For each year the farmer creates an acceptable record of production, they can replace a year of the county average. RMA uses the term T-Yields for county averages. Your county’s T-Yields can be found by using the “Cost Estimator” tool on RMA’s website. https://ewebapp.rma.usda.gov/apps/costestimator/

ACCEPTABLE THIRD-PARTY SALES AND/OR COMMERCIAL STORAGE RECORDS.
For all crops, acceptable third-party sales and/or commercial storage records must contain the following: Name and address of the buyer or the commercial storage facility, insured’s name, load or ticket number, crop, gross weight, tare weight, date weighed, and unit and/or field identification from which the production was harvested.

PRODUCTION HARVESTED & STORED ON THE FARM:
The producer/farmer (insured) is responsible for providing separate records of production for each unit that is stored and notifying the insurance company for measurement when production from another unit, crop year, or uninsured acreage is to be added to existing production in a single storage structure.

For weights, acceptable scale types are non-portable on-farm scales, commercial elevator scales, or grain carts. Each ticket must provide at least the insured’s name, crop, the gross weight, tare, date weighed, load number, identification and location of farm-storage structure in which the load(s) from each field are stored. The insured must hand-write any of the required information listed if the scale being used is not capable of printing a ticket or the required information.

To help with this last record keeping option, contact your Cornell Cooperative Extension Office for a free “New York Crop Insurance Education Program” – Crop Production Record Book.

FOR MORE INFORMATION:
To find a crop insurance agent, visit the RMA online locator at: http://cli.re/gzPVWy. For more information on crop insurance options in New York, visit: https://agriskmanagement.cornell.edu.

Cornell University delivers crop insurance education in New York State in partnership with the USDA, Risk Management Agency. This material is funded in partnership by USDA, Risk Management Agency, under award number RM18RMETS524C018.

Diversity and Inclusion are a part of Cornell University’s heritage. We are an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities.
UPCOMING EVENTS
HORT/AG DEPARTMENT

HORTICULTURE
GARDENING ON A BUDGET
$10 PER PERSON, $15 PER FAMILY
Tuesday, JUNE 1, 2019
9:00AM-12:00PM
Cornell Cooperative Extension Office
5435A County Road 48, Belmont, NY

Many of us have dreams of a lush bountiful vegetable garden, yet, starting a vegetable garden can seem like an expensive, time consuming task. From exercise and meditation, to self-fulfillment, the benefits of vegetable gardening go far beyond the produce that comes out of them. This half-day program will focus on how to re-think vegetable gardening. It’s hard to believe but you can grow 500 lbs. of veggies in 10 foot square. Learn what to grow, how to plan for and maintain your garden while utilizing companion planting.

There will be a plant/seed swap event after the lectures are over, you do not have to bring plants to trade, but it is encouraged. This will be a chance to trade vegetable plants you may have too many of, for others you might want.

Gardening on a budget is directed to anyone interested in creating a vegetable garden on a smaller budget with less time invested. New and experienced gardeners welcome!

pre-registration is required by May 30th. For more information or to pre-register contact Lynn Bliven at 585-268-7644 ext. 18 or email at lao3@cornell.edu

AGRICULTURE
FIELD MEETINGS FOR VEGETABLE GROWERS

Second Wednesday of the month
June-October
7-8:30 pm

First meeting of the season will be June 12th at Johnny Girod’s farm located at 10228 County Rd. 23 Fillmore, NY 14735 from 7-8:30 pm. Each meeting members from the GVPA Committee will provide updates from the auction. In addition hands-on demonstration of weed, insect and disease identification in vegetables along with management options and where appropriate, spray options will be discussed. Judson Reid, Senior Extension Associate & Elizabeth Buck, Fresh Market Vegetable Specialist with the Cornell Vegetable Program will join participants and facilitate peer-based learning. It is not necessary to belong to the Vegetable Team Program to participate in these meetings however it’s not too late to join for the 2019 season.

Cooperating farms will be selected to host future meetings. If you have questions or are interested in hosting please contact Lynn Bliven, CCE Allegany County (716) 244-0290. Future 2019 Growers Meetings - July 10th, August 14th, September 11th, October 9th
CUBA COMMUNITY
COMPOST MEETING
SCHEDULED FOR JUNE 12

CASSANDRA BULL
FARM-TO-SCHOOL COORDINATOR

You are invited to the Cuba Community Compost meeting brought to you by students in Cuba Rushford Central School and Cornell Cooperative Extension of Allegany County. The Cuba Cultural Center is hosting this event on June 12, from 12-2pm, and all restaurants, businesses, institutions, and local residents are welcome to join. Come to increase your awareness of the benefits of composting, learn what is required to begin composting food waste, and discuss the barriers to successful composting with possible solutions.

The idea for this compost training came from students of Cuba-Rushford CSD Agriculture teacher, Carly Santangelo. Santangelo started her position at Cuba-Rushford in September 2018 and very quickly became a champion for sustainability within the district. The high school started composting in the Fall of 2018, and as of this spring, the Elementary school will join in this initiative. “Everyone I work with has been so supportive of our project” says Santangelo, “there have been some learning curves, but we feel that composting is one way we can all do our part to reduce pollution, and create healthy soil, and keep food waste out of our landfills”.

The composting program at Cuba-Rushford Central School District was started by the Cuba-Rushford FFA Chapter with support from a Living to Serve Grant funded by the National FFA Organization. The Cuba-Rushford FFA’s goal is to divert 2,000 pounds of food waste from the landfill to be properly composted and then applied to their school gardens. This compost serves as a source of nutrients for vegetable crops that are served in the cafeteria and donated to the Cuba Cultural Center. “I’m very excited that more districts are interested in composting their food waste” states Cassandra Bull, Farm to School Coordinator at the Cornell Cooperative Extension of Allegany County. “It is important to actively plan and orchestrate a program that addresses both how we procure food sustainably but also how we treat our food waste once it leaves our students’ plates in the cafeteria”.

Anyone interested in composting in their home or office is encouraged to attend. For more information, call Cassandra Bull at 585-268-7644 ext. 25 or email her at cb775@cornell.edu.
COMMUNITY FOOD SYSTEMS

GROWING TOGETHER

NEW YORK STATE PRODUCTS SPOTLIGHT

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PLAIN OR CINNAMON
WHOLE GRAIN - MADE WITH 31% NYS WHEAT
4.2 lb BAGS IN A CASE FOR $31.62
50 cents for 2 oz. serving
GET THEM THROUGH LAATMA BLVD
WWW.ISSASCHIPS.COM

FROZEN

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NEW YORK

EGG ROLL

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$57.75/150ct case
CONTAINS:
ONE SERVING WHOLE GRAIN
ONE SERVING OTHER VEGETABLE (1/2 cup)

WHITESVILLE POULTRY EGGS

Co Rd 124,
Whitesville, NY 14897
(607) 565-3117

$1.10/DOZEN
MADE IN ALLEGANY COUNTY

HELPING NEW YORK STATE FAMILIES AND COMMUNITIES THRIVE IN OUR RAPIDLY CHANGING WORLD.
Spring is generally busy and the Job & Life Skills Boot Camp is in full swing. In addition to the continued volunteer recruitment and getting the word out to organizations and community members, VISTA member arranged visits to four classes. In April and the early part of May volunteers that work for Dresser-Rand, First Citizens Bank, Otis Eastern, and Cuba Library participated in the Job & Life Skills Boot Camp as mock interviewers for two separate Wellsville high school business classes. A few of the students, in addition to getting invaluable experience interviewing, made the most of the networking opportunity and got leads on summer jobs through Otis Eastern and Dresser-Rand.

At Genesee Valley high school Abbie Pritchard from First Citizens Bank presented a lesson on the importance of credit and how to use credit cards wisely to the entire Genesee Valley senior class. Keri Edsall, the loan counsellor at Alfred State College, shared the time with the same 30 students to ensure they understand how to finance their higher education through scholarships and loans. Pritchard and Edsall complemented each other’s presentations by illustrating to students how student loans can positively or negatively affect credit ratings and a person’s future prospects for car loans, where to live, and even getting a job. The topics were planned in coordination with Genesee Valley’s counsellor in response to questions she received from alumni.

As the school year winds down, plans to administer the program to new groups continues. In June mock interviews for CA BOCES is in the works for Early Childhood Education class. Karen Miller from Wellsville Library has already volunteered her time and we’re excited for other instructors to take advantage of the program to build their students interview skills before going on the job market.

VISTA member, Fileve Palmer, works tirelessly to partner with Allegany Employment & Training, Literacy West, and libraries across the county to administer the program during the summer. Lastly, plans for the 2019/2020 academic year are already in the works. Scheduled meetings in June with Rotary, Allegany County fire chiefs, and Allegany County Office for the Aging offer opportunities to build wonderful partnerships and recruit volunteers.